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'I JUST CAN'T BELIEVE HOW QUICK IT SNOWBALLED'

CROONER TOM HICKS, WHO SHOT TO UNEXPECTED FAME, ISN'T TAKING ANYTHING FOR GRANTED **PAGE 6**

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Sergeant-at-Arms Patrick Shaw carries the mace into the Saskatchewan Legislative Assembly for the reading of the throne speech in Regina on Wednesday. MICHAEL BELL/THE CANADIAN PRESS

Province eyes aid for repeat ER patients

Throne speech. Pilot programs aim to unclog emergency rooms

In an effort to cut emergency-room backlogs, the Saskatchewan government is planning to focus on helping people who repeatedly show up in hospital ERs.

The throne speech Wednesday outlined "hot spotting" pilot programs for Saskatoon and Regina to tackle new pressures that growth has put on health care and education.

In a news conference before the throne speech was read in the legislature, Premier Brad Wall said the top-five users of emergency rooms accounted for more than 500 visits to ERs last year.

"You can imagine how many

NDP leader left unimpressed

The Opposition said the government's plans don't go far enough to help students or seniors. NDP Leader Cam Broten said most of the ideas have already been announced or fall short.

- "It's not speaking to the needs that Saskatchewan families have," Broten said. "What I was hoping to

see was a throne speech that would address some key areas that families are talking about ... and businesses."

- Broten said those concerns include diversifying Saskatchewan's economy, more action on seniors' care and more resources for education.

others ... where if we were properly meeting their needs in ER that first time ... whether it's mental-health care or whether it's addictions treatment, if we were able to do that, it's going to just reduce the number of visits," he said.

Wall has said that by 2017 the province will ensure no

one waits to receive emergency room care.

The premier also said the province will create a program to help keep seniors out of the hospital and long-term care.

In education, there are plans to build more schools and improve Internet access.

THE CANADIAN PRESS

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Pamela Wallin tells her side of Senate expense scandal

Stating their cases. Former Conservatives Mike Duffy and Patrick Brazeau also facing possibility of being kicked out of Senate

Pamela Wallin says a government move to expel her from the Senate is an affront to Canadian democracy, motivated by politics and personal vendettas against her by confidantes of Prime Minister Stephen Harper.

The embattled senator — who has reimbursed almost \$150,000 in travel expense claims that the Senate has ruled invalid — told the chamber Wednesday that she was targeted unfairly by fellow Conservatives Marjory LeBreton and Carolyn Stewart Olsen.

LeBreton was government leader in the Senate until she stepped down this summer. Stewart Olsen is a former aide to Harper who, until this week, was a key member of the Senate committee that sat in judgment on Wallin and three other

senators, ordering external audits of their expenses and ultimately asking the RCMP to investigate all four.

Wallin said public opinion was whipped up against her by 14 different leaks to the media — leaks she believes “were orchestrated in large measure by senators LeBreton and Stewart Olsen” and which were designed to cast her conduct “in the worst possible light.”

The pair “could not abide the fact that I was outspoken in caucus, or critical of their leadership or that my level of activity brought me into the public eye and once garnered the praise of the prime minister,” Wallin said, her voice occasionally wavering. “They resented that. They resented me being an activist senator.”

LeBreton rose immediately following Wallin’s speech to call her accusation “false, false, false.”

LeBreton denied ever leaking information about Wallin to the media or instigating the investigation into her expenses. Indeed, LeBreton said it was a letter of complaint to Senate administration from one of Wall-



Saskatchewan Sen. Pamela Wallin arrives at the Senate on Parliament Hill on Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

in’s own staffers that prompted a review of her travel claims.

In addition to Wallin, the RCMP is investigating the

housing allowance and living expense claims of three others — former Conservatives Mike Duffy and Patrick Brazeau,

as well as former Liberal Mac Harb, who has resigned from the Senate.

THE CANADIAN PRESS

Boxers in Sask. to punch their tickets to the Olympics



Catherine Cadieux, left, goes toe-to-toe against Sabrina Aubin-Boucher. ROSS ROMANIUK/METRO

Blood, sweat and maybe even tears are on display at an event packing more of a wallop than Saskatchewan sports have seen in some time.

More than 140 competitors are trying to punch their tickets to the Olympics, slugging it out until Saturday in the Elite Men’s and Women’s Canadian Boxing Championships at Regina’s Orr Centre.

“This is the beginning of our Olympic cycle. Now, we start determining who is going to represent our country,” Pat Fiacco, Regina-based president of Boxing Canada, told Metro.

“We’ve got a whole new group of athletes at the elite level for the first time.”

Sebastien Gauthier, one of the coaches of Quebec’s team at the championships, said the

stakes of the 2016 Games are “why the athletes are so serious” this week.

Spectators are seeing something unusual at this tournament. When the bouts began on Tuesday, the men weren’t forced to wear protective headgear for the first time in nearly 30 years — a change made by the sport’s overseers, Gauthier explained, “to make the

show more entertaining” and in hopes of keeping boxing in the Olympic Games. Of the 51 women in the event, the main attraction is three-time world champion Mary Spencer, Canada’s first female Olympic boxer defending her national title.

Tickets are available at the Orr Centre or through reginaboxingclub.ca.

ROSS ROMANIUK/METRO

Lotto 649

Saskatoon lawyer wins \$14.8M

Prominent Saskatoon lawyer, Donald Worme, is Saskatchewan’s \$14.8 million lottery winner.

The Eagle Ridge native, who bought the ticket in Saskatoon, picked the winning numbers for the Aug. 31 Lotto 649 draw.

Worme checked the numbers while out for lunch with his son on his first day of school in September. METRO

Thanksgiving weekend

Man charged in accidental pipe bomb explosion

Following an accidental pipe bomb explosion that sent two to hospital over the Thanksgiving long weekend, a 20-year-old man has been charged in the case.

A release from the Saskatoon Police Service states the man is in violation of a section of the Criminal Code that requires anyone in possession of an explosive

substance to “use reasonable care to prevent bodily harm.”

Police were first called to a residence on Wentworth Crescent on Oct. 11, where they found one man with a mangled hand and another with less serious injuries.

Further investigation revealed that one had been attempting to put together a pipe bomb when it ignited.

The suspect appeared in court Wednesday morning, and is scheduled for another appearance on Nov. 14.

METRO

U of S

Reports of hazardous chemicals keeps emergency responders busy

Reports of hazardous chemicals being mixed at the University of Saskatchewan’s engineering building kept emergency responders busy Wednesday afternoon.

Members of the Saskatoon Police Service and the Saskatoon Fire and Protective Services’ hazardous materials unit were on scene for roughly

three hours.

Emergency crews responded after a student told university staff Wednesday he may have mixed the hazardous chemicals together on a previous occasion.

A spokesperson from Saskatoon Fire and Protective Services said crews did an analysis on the lab where the suspected chemicals were located, but found no hazards.

No one was injured or evacuated and a release from the U of S said police are investigating the incident.

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Moscow. Activists now facing reduced charges

Russia's main investigative agency said Wednesday that it has dropped piracy charges against jailed Greenpeace activists, including two Canadians, and charged them instead with hooliganism.

The news brought little comfort to anxious family members back home, since the new charges still carry stiff prison sentences of up to seven years.

But Patti Ruzycski Stirling, whose brother Paul Ruzycski was serving as first mate aboard the Greenpeace ship Arctic Sunrise when it was seized last month, said the decision still represents progress from the Russian government.

Ruzycski, fellow Canadian Alexandre Paul and 28 other activists were originally facing prison terms of up to 15 years under the original piracy charges.

"It's the first step in the right direction, the fact that they've come to their senses and realized that piracy is lunacy, that they had no grounds for that," she said in a telephone interview from her home in Port Colborne, Ont.

Greenpeace took a harder line, saying their crew members were arrested while travelling in international waters and should not be behind bars at all.

Christy Ferguson, Arctic Campaign Co-ordinator with Greenpeace Canada, called the new charges "wildly disproportionate."

THE ASSOCIATED PRESS



Royal baby baptism

Britain's Prince William holds his son George as they arrive at Chapel Royal in St. James's Palace in London, Wednesday, for the christening of the three-month-old prince. JOHN STILLWELL/THE ASSOCIATED PRESS

Saudi Arabia

Authorities warn women not to protest driving ban

The ministry in charge of Saudi Arabia's police is warning against "disturbing public order" days before activists

are to call on women to drive cars in defiance of a ban on them getting behind the wheel. The Wednesday statement from Interior Ministry spokesman Turki al-Faisal appeared directed at this Saturday's campaign.

Women are not issued licences in the conservative kingdom. THE ASSOCIATED PRESS

Vietnamese dopers dig the Canadian bud

For the young Vietnamese dope smokers rolling up outside a smart Hanoi cafe, local cannabis is just not good enough. As with their Adidas caps, iPhones and Sanskrit tattoos, so with their choice of bud: only foreign will do.

Potent marijuana grown indoors in Canada and the United States is easy to buy in Hanoi and Ho Chi Minh City, say regular smokers, and sells for up to 10 times the price of locally grown weed. That's perhaps surprising given that marijuana is easy to cultivate regionally, and bringing drugs across continents is expensive and risky.

Some experts say the trade can be explained by the dominant role Vietnamese diaspora gangs play in cultivating the drug in western countries, making sourcing the product and smuggling it to Vietnam an easier proposition than it might be otherwise.

The characteristics of cannabis use in the country also drive the trade. The drug is used mostly by foreigners and well-heeled Vietnamese, who are prepared to pay for quality. Vietnamese have long shown preferences for imported goods of all kinds — and it appears cannabis is no exception.

Regardless of the reasons, its availability in Vietnam is a sign of how hydroponic growing techniques have shaken up the global marijuana business. In the 1960s and '70s, marijuana went from plantations in countries such as Thailand, India and Morocco to wealthy consumer markets in the West. Now, many western countries are self-sufficient in the



A man rolls a joint with marijuana that's grown in Canada at his room in the old quarter of Hanoi, Vietnam, earlier this month. Western-grown marijuana is popular among the elite in Vietnam. NA SON NGUYEN/THE ASSOCIATED PRESS

weed because of indoor cultivation, and export is on the agenda.

Western-grown cannabis is also appearing in Japan and South Korea. Unlike Vietnam, both are wealthy, developed countries with climates ill-suited to cultivation.

Martin Bouchard, a professor in criminology at Canada's Simon Fraser University and expert in the cannabis trade, said he was unaware that Canadian-grown weed was showing up in Vietnam but that it could be explained.

"The quality and reputa-

Premium price

\$45

Smokers said one gram of Canadian weed retails for up to \$45, the average weekly wage in the country. Mid-quality hydroponically grown marijuana sells for about \$10 a gram in Canada and the U.S.

tion of the Canadian cannabis is such that it could be worth the trouble and cost of importing," he said. "The diaspora connections probably make this easier and cheaper than it normally would."

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Dow Jones: 15,413.33 (-54.33)

Economy to dictate decision

Interest rates likely to stay low as BoC in wait-and-see mode

The Bank of Canada has pointedly dropped its warning about the potential for higher interest rates, triggering a sell-off in Canadian dollars that pushed the loonie almost one cent lower Wednesday and raised speculation that rates could actually fall further.

In a more predictable move, the bank also lowered the anticipated growth path for the economy, shaving the projected pace of expansion for this year as well as in 2014 and 2015.

The central bank, by jettisoning the now familiar tightening bias that it has used since April 2012 to caution consumers about over-borrowing, suggests that it is just as likely to cut the one per cent overnight rate as to raise it in future.

THE CANADIAN PRESS

Sochi marketing

Olympians to get \$900 smartphones

Athletes who fail to clinch gold at the 2014 Sochi Winter Olympics can take home something else: a \$900 smartphone from Samsung.

THE ASSOCIATED PRESS

Will \$250M renegade news experiment work?

Brainchild of eBay founder. Only time will tell if the well-funded venture to be led by group of activist journalists is able to reach lofty goals



The biggest national security breach in U.S. history was a warm-up for Glenn Greenwald. The activist reporter who published Edward Snowden's revelations is to launch a well-funded news outlet with a priority to share secrets from the world of surveillance, raising fears that U.S. national security will suffer.

eBay founder Pierre Omidyar has pledged a minimum \$250 million to the "mass media organization" and specifies a focus on "government transparency and accountability." Along with Greenwald, fellow NSA publisher Laura Poitras will be a founding member, as well as Jeremy Scahill — the man who exposed the Blackwater scandal in Iraq and CIA torture practices.



Journalists Glenn Greenwald, left, and Jeremy Scahill will help lead an ambitious news outlet focused on "government transparency and accountability." SILVIA IZQUIERDO/THE ASSOCIATED PRESS FILE

Omidyar has been coy on details — the location and launch date have not been announced — but the billionaire is known to support a horizontal model giving more freedom to journalists than traditional media. Greenwald has said this freedom was a major incentive for leaving The Guardian, which redacted many of Snowden's documents for security reasons, although the published reports were still explosive enough to cause the resignations of leading NSA directors.

Thousands of the documents remain unpublished. "I think Omidyar is mission-driven," Jay Rosen, director of journalism at New York University and close to both Greenwald and Omidyar, told Metro. "What he gets out of it is the prestige of ... excellent, public-service journalism ... that reveals what would have remained hidden."

Greenwald's supporters will demand something closer to a war on the security sector. "We expect Glenn and Laura will produce hard-hitting investi-

gative journalism on the ever-expanding surveillance state," said a source at the Electronic Frontier Foundation, which is organizing an anti-NSA rally in Washington. The next revelations will be hotly anticipated.

But security agencies will not wait to be attacked, says Rosen. "Given the kind of journalism it intends to practise, security, encryption and protection of journalists are all going to be key."

The new initiative promises to be explosive, and so does the confrontation.

\$6 for tea??? Starbucks aims to make stodgy drink of British grannies cool

Starbucks is trying to make tea trendy, with plans to open its first "tea bar" in New York City.

The Seattle-based company says Teavana Fine Teas + Teavana Tea Bar will serve sweets and other food including flatbreads, salads and small plates ranging in price from about \$3 to \$15. Drink prices will range from \$3 to \$6, and include novelties such as a Spiced Mandarin Oolong tea and carbonated teas.

The menu of food and freshly made drinks is a switch for Teavana, a chain of about 300 stores that sell boxed and loose tea and accessories. Teavana stores are mainly in shopping malls, but Starbucks CEO Howard Schultz said he plans to expand the footprint to include more locations in urban areas. The company plans to add brewed tea and food to more Teavana stores.

The opening of the New



Starbucks hopes Teavana "tea bars," featuring \$3 to \$6 drinks, will be a hit. CANDICE CHOI/THE ASSOCIATED PRESS

York City store on Thursday comes after Starbucks bought Teavana last year. The company has said it plans to use the acquisition to make tea a bigger part of American culture, as it has with coffee.

THE ASSOCIATED PRESS

Death of the PC. LinkedIn shifts focus, as users move to smartphones in droves

LinkedIn just gave its users another reason to ensure their resumés are up to date. The online professional network has introduced a mobile feature that shows information about people's careers in emails being read on iPhones.

The tool, called Intro, pulls details from the profiles of LinkedIn's more than 238 million users so the recipient of an email can learn more about the sender.

The information will be limited to what the email senders already allow anyone to see on their LinkedIn accounts, unless they already have granted the recipient broader access

About 30% growth

Intro is part of LinkedIn's push to make its network indispensable on mobile devices as more people manage their personal and professional lives on smartphones and tablets.

- LinkedIn says about 38 per cent of the traffic to its networking services now comes through mobile devices, up from just 8 per cent in early 2011.

through a connection on the service.
THE ASSOCIATED PRESS

Health device inspired by Star Trek not the real McCoy, allege prosecutors

An Illinois man faces charges after he allegedly convinced a company to finance a health-care tablet computer named after Star Trek's Dr. McCoy as part of a scheme prosecutors are calling pure science fiction.

Howard Leventhal, who was arrested at his home north of Chicago earlier this week, is charged with fraudulently impersonating

Health Canada officials — including former deputy minister Glenda Yeates — and with bilking a Florida firm out of \$800,000 US.

Prosecutors allege the scheme came complete with phoney domain names, telephone numbers and email addresses that closely resembled those used at Health Canada.

They say Leventhal pro-

moted the McCoy Home Health Tablet, a telemedicine device he said could beam detailed patient data instantaneously to physicians and other licensed medical care providers.

Leventhal brokered an agreement with Paragon Financial Group, Inc., of Fort Lauderdale that saw Paragon "advance" cash in exchange for its right to collect a lar-

ger sum of money purportedly owed to Neovision by Health Canada, the prosecution says.

Paragon believed it was investing in technology that could help save lives, prosecutors say, even though there was no agreement between Health Canada and Neovision and Yeates' signature on the contract was a forgery. **TORSTAR NEWS SERVICE**

BURPING COWS ARE A GAS, GAS, GAS

In these uncertain times of huge, unprecedented disasters like climate change and the Senate, it's nice to know that there are still stories that fill us with awe, still moments that make us think, "it's not such a bad life, after all."

Which is why, this week, I'd like to talk about burping cows. According to an Oct. 21 story by the Reuters news agency, Argentine scientists have devised a system that can tap directly into a cow's digestive tract and remove up to 300 litres of pure methane per cow per day, "enough energy to keep a refrigerator running for 24 hours."

This story raises all sorts of interesting questions. Like, my fridge can run on intestinal gas? Do I even need the cow?

But before I follow that line of thought to places we can't return from, here's an even bigger question: How come I never get journalism assignments like this? When I was a field reporter, I was always sent to events that had no effect on anybody,



HE SAYS

John Mazerolle

metronews.ca

like city council meetings.

Yet some lucky Reuters reporter was sent to watch top Argentine agricultural technologists channelling digestive gases from inside a cow through high-tech tubing to a tank on its back.

I like to imagine it was just like NASA mission control: When the burps successfully entered the tank, scientists high-fived and whooped while a mission commander removed his headset and heaved a relieved sigh, possibly methane-based.

Though it would have been a fun assignment, it's my duty as a serious journalist to stress that this isn't all fun and gas. As Canadians, we have to be concerned that Argentina now leads the race toward cow-excretion-col-

lection supremacy, probably because the world was so focused on Iran. Argentines: First they get the Pope, then they get the power.

Let's not understate the gold mine here: Cows produce what

scientists call a "heap ton" of gas because cows have a lot of stomachs, including the Greater Stomach, the Lesser Stomach, the Secret Stomach behind the bookcase, and the Ultra-Deluxe Stomach (not available on all models, ask dealer for details).

You know how you feel after you've had four burgers and you're lying on the couch and your stomach starts making noises that seem to say, "All non-vital personnel, please clear the area"? Imagine how that would feel if you had multiple stomachs! For one thing, you could win every belching contest from here to Buenos Aires.

Even if such dreams never come to pass (get it?), it's clear that belching cows are now another technological advance to consider for countries seeking energy independence. Countries like Canada. Are you pondering what I'm pondering? Given the other big news stories in Canada, I think we can all agree that Canada's next course of action to slow climate change and greatly improve the Senate involves bringing long lengths of tubing to Parliament Hill.

At the very least, our fridges will run well. Give it a sober second thought.

ZOOM

My pet monster



DAMIAN DOVARGANES/THE ASSOCIATED PRESS

A hairy, scary 30-year commitment

A tarantula peeks out of his webbing filling the entire container in Los Angeles. This is one of the 50 tarantulas nurse Dee Reynolds cares for at her home. Tarantulas are the heaviest, hairiest, scariest spiders on the planet. They have fangs, claws and barbs. They can regrow body parts and be

as big as dinner plates, and the females eat the males after mating. But there are many people who call these creepy critters a pet or a passion and insist their beauty is worth the risk of a bite.

Unlike Fido or Whiskers, you can't cuddle with them, dress them for Halloween or play catch. They can cost hundreds of dollars, but they can also live for 30 years. **THE ASSOCIATED PRESS**

They grow up so fast ...

The tarantula starts life as a sling — short for spiderling — so they can be as small as a fingernail and grow as large as a dinner plate. It eats mostly live crickets, cockroaches and some mice. The spider turns prey into stew by pumping in venom through its fangs.

THE ASSOCIATED PRESS

Bites not so bad (usually)

All tarantulas can bite, but owners say it's no worse than a bee sting, unless you are allergic.

- Although there's no documented case of a fatal bite, some have more potent venom than others, and there is no anti-venom, so you treat the symptoms and hope for the best.

Clickbait



ANDREW FIFIELD

andrew.fifield@metronews.ca

It's a familiar problem that likely affects somebody you love: The agony that comes with waiting for your Candy Crush lives to refill. But don't worry — there's plenty of other free mobile games to save you from doing anything too productive.



Paint It Back:

A game of nonograms, which are grid-based puzzles that label each row and column with numerical clues for which squares must be shaded to reveal a picture. They're also known as Picross to Nintendo DS fans. If none of that makes sense to you, just know that it's good brain-teasing fun and Paint It Back is designed to ease you in gently. (iOS)

Candy Mania:

It wouldn't be unfair to say this game was, um, "inspired" by Candy Crush. But there are enough twists on the gameplay — not to mention

the continual introduction of new mechanics — that it never really feels like you're playing the same game over again. (iOS/Android)

Pocket Mine:

Take control of a miner and start digging, collecting as many precious metals as you can until your pick shatters. Take that cash and upgrade your picks while acquiring upgrades like exploding coal and volatile grenade boxes, all set to a sepia-toned 8-bit soundtrack. (iOS)

Twitter

A U.S. man called the cops after his Jell-O went missing from the work fridge. What's your anti-lunch theft strategy?

I go out of my way to make really disgusting lunches so no one would want to steal them. Almost inedible. Really gross stuff.

@Canucklehead_ca

Tape a note explaining you're constipated and it contains a strong medicinal laxative.

@TradeMarck

Fake Moldy Lunch Bag!
@danfwhite



Super hot sauce. The thief is the sweaty person with a really red face.

@FrenchmanCanada

Label lunch bag "Poisonous snake specimen". For bonus points, actually put snake in.

@Cazzy

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SCENE 2

From obscurity to Rising Star

Tim Hicks. Country musician was just about ready to throw in the towel when *Get By* started getting attention



BACKSTAGE PASS

Simon Hiatt
saskatoon@metronews.ca

Twelve months ago it would have been pretty much impossible for Tim Hicks to predict what 2013 had in store for him, and not just because it included stops this month in Kuwait and Oman.

This time last year he was a relatively obscure country musician who says he had “stopped trying to get a record deal and make it.”

Since then, he has rapidly ascended to the status of one of the hottest stars in the genre, being invited to perform for Canadian troops in the Middle East.

“It means a lot for me to be able to go over and sing a few songs because I think those poor guys and gals over there are crying for entertainment, so it’s the least I can do to go over there and strum a few chords,” Hicks said in an interview earlier this fall.

The trip may have been an appropriately dizzying exclamation point to an incredible year during which Hicks says his head hasn’t stopped spinning.

His rise began with the release of the song *Get By* in late 2012; by February it had made the Canadian Hot 100 and went on to be the number one selling country song in the nation for 17 weeks.

“I just can’t believe how quick it snowballed,” Hicks said.



Rising country music star Tim Hicks is currently in the middle of his Canadian tour, which kicked off with shows in Regina and Saskatoon last month. CONTRIBUTED

“From the very first time we played (*Get By*), I knew we had something special on our hands. We were still doing cover gigs and we’d break it out and by the second chorus the crowd was singing it with us.”

Two more successful singles have followed along with a nomination for a Canadian Country Music Association Rising Star award.

And at least partially because success came at a rela-

tively advanced age for Hicks, he both appreciates it more than some of his younger colleagues, and also realizes it could be gone tomorrow. For that reason he plans to enjoy the ride for as long as he possibly can.

“You certainly don’t take it for granted; it doesn’t get lost on me. Every day I get to do this is a blessing, tomorrow it will somebody else that everybody is interested in so we’ve got to live for today.”

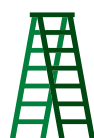
Motivation

This week Tim Hicks kicks off the second half of his *Throw Down Club Tour* in Ontario, but he chose to start it in Saskatchewan last month with back-to-back shows in Regina and Saskatoon because of the support he has received here.

- Quote. “We sold out the

shows; the kids were rabid and rowdy. But we felt right at home because the boys and I have played lots of bars and clubs and chicken wing joints for the last 15 years, so we’re very at home in that environment. That’s why it’s so exciting to come out and do these gigs.”

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DISH

07



Katharine McPhee

Married McPhee caught kissing married director

American Idol alum Katharine McPhee has been caught locking lips with her former Smash director Michael Morris after an intimate lunch date, according to Life & Style. The only problem? They're both married — McPhee to performer-turned-

producer Nick Cokas and Morris to actress Mary McCormack. McPhee and Cokas "have been separated for six months," a source says. "Nick continues to co-manage her music." But the status of Morris and McCormack's marriage is unclear.

Forget it girls, there'll be no 50 Shades of McConaughey

A whole lot of actors are being considered to replace Charlie Hunnam as Christian Grey in the Fifty Shades of Grey



Matthew McConaughey

movie, but don't include Matthew McConaughey on that list. "I've heard of it, yeah. I have not read the book. I don't even know what the book is about," he tells E! News when pressed on the subject. "I'd be making up an answer if I told you any more."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Lohan and posse hit wrong notes in Karaoke bar

Apparently Lindsay Lohan doesn't need booze to get into trouble during a night on the town. The troubled actress was reportedly "insanely belligerent" after an all-night party in a private karaoke room at a New York City bar, according to the NY

Daily News. While Lohan was overheard insisting she wasn't drinking, her hangers-on drained a bottle of Jameson whiskey and left the room littered with bottles and trash, sources say. Lohan is said to have pleaded with the staff to keep the bar open once closing time hit, and when the staff refused the Mean Girls star reportedly summoned the police and complained that she and her friends had been held captive in the karaoke room. No police report was filed.

Twitter



@MarkDuplass
TWISTER was invented by a couple trying to get their dinner guests to swing with them, right?



@ABFalecBaldwin
The Post is obsessed w my wife's boobs. Get in line.



@bobsaget
When someone says something negative to you, turn it into a positive. Tell them you want to sleep with their mother.



Katy Perry and John Mayer. ALL IMAGES GETTY

Mayer's marriage proposal to girlfriend Perry 'a question of when' not if

Katy Perry and John Mayer are getting so serious that news of an engagement is all but inevitable at this point, according to Us Weekly. "Everyone knows it's just a question of when John will propose," a source says. Perry and Mayer, who have been dating

for more than a year — with a three-month break earlier this year — "realize they must be together," the source adds. "They Skype and text all day. John always checks in before bed."

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STYLE

metronews.ca
Thursday, October 24, 2013

24-karat makeup: SS 14's golden girls

Shimmer and shine.

Pat McGrath's glittering brows at Dior and Dries Van Noten's side partings fashioned with gold leaves have given us gold fever. But for everyday wear simply work in a hint of warm, sparkly hues to get that candlelit glow.

ROMINA
MCGUINNESS
Metro World News

The show-stopping gold makeup looks spotted on the SS 14 runway were beautiful, but they only work on the runway. You don't want to dazzle your colleagues with all your bling or crack a tooth on the glitter that's landed in your granola.

"Gold makeup is incredibly flattering and works with all skin tones — pretty much everyone can suit a chocolatey bronze. It's like adding sunlight to your face," makeup artist Florrie White, who's worked with the likes of Blake Lively and Rosie Huntington-Whiteley, tells us.

She shows us how to play with the trend:

Highlight Your Face

"A gold highlighter (try the Smashbox Halo Highlighting Wand in Gold or NARS multi-stick in Malibu) will give you that candle light luminosity. Focus on the inner corner of the eyes (to open them up and take away tiredness) and on the temples. Dab some right down to the apple of your cheek so that when you move you get a fuzzy glow around you. Highlight the bridge of the nose for an extra spot of light and your cupid bow to create a fuller top lip."

Warm Your Eyes

"Go for a blown out, gold-bronze smoky eye by using a chocolate gold liner under the eye (try Charlotte Tilbury's eye powder pencil in Sophia). Really bring out the lash line by blending it down. Next, take a gold eye shadow, such as L'Oreal Color Infallible in Goldmine, and wash it all over the lid. Really blend it out so that you get a warm glow behind the lashes. Enhance the look by adding a little bit of a darker eye shadow (such as Color Infallible in Sahara) in the eye sockets."

As for the rest...

- Frame the eyes by slightly grooming and filling in your eyebrows.
- Apply a glittery beige-nude on your lips. Besame Cosmetic's lipstick in Champagne works well.
- Make sure your mascara is combed through and that you don't get powder or cream stuck on the lashes, as this will take away from your lash line.
- Add some gold flecks to your face with NARS's Orgasm Blush.

And for a little extra sparkle we loved:



Dior does gold best with eyes that make accessories unnecessary. GETTY IMAGES

NARS

Eye paint in Iskandar
narscosmetics.com



Topshop

Glitter eyes in Sprinkles
topshop.com

Shiseido

Luminous satin eye colour trio in Into The Woods
shiseido.com



Besame Cosmetic

Lipstick in Champagne
besamecosmetics.com



Charlotte Tilbury

Eye powder pencil in Sophia
charlottetilbury.com



Barry M

Glitter nail paint in Gold Majesty
barrym.com

Cosy up your home for fall

Prep your place for the cooler temps with these autumn-approved furnishings

TINA CHADHA

Metro World News in New York

Wooly rugs

These floor coverings make walking around barefoot so much more comfy.



JC Penney Agra Plaid washable cotton rug, \$15 US, jcpenney.com

Cushions

Swap out bright, sunny pillows for some plush jewel-toned ones to match your permanent glass of Cabernet.



H&M pillow, \$12.95 US, hm.com

Candlelight

No fireplace? Candles add a warm glow to any room. And Diptyque's new Noisetier boasts a woody autumn scent.



Diptyque's Noisetier candle \$60 US, diptyqueparis.com



A big comfy chair

We know that you plan to do a lot of reading (and hosting) in the cold months.

Ikea Strandmon wing chair, \$299, ikea.ca

Hues in metal

Another way to bring fall into your home is with metallic hues.



Crate and Barrel Cleo table lamp, \$319 US, crateandbarrel.com

Throw it in

You'll be spending many a night on the couch. A textured throw will be your snuggle buddy.



BoConcept mixed striped throw, \$59, boconcept.com

Have your jack-o'-lantern and eat it too — in a creamy Pumpkin Soup



ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

This fall, enjoy the abundance of pumpkins that are virtually found everywhere!

Pumpkins are rich in carotenoids, recognized to keep your immune system healthy and strong.

If you would like to try using fresh pumpkin instead of canned, just roast a small pumpkin at 400 F until tender, about 45 minutes. Cut open, scrape away seeds and scoop out pulp and mash.

1. In saucepan sprayed with

cooking spray, heat oil over medium-high heat; cook onions, carrots, garlic and ginger for 10 minutes, stirring frequently, or until onions are softened and browned. Stir in stock, pumpkin, cinnamon, ginger, nutmeg and hot sauce. Bring to a boil. Reduce heat to low, cover, and cook for 30 minutes or until carrot is tender.

2. In batches, purée soup in a blender. Return soup to saucepan. Stir in coconut milk and honey. Gently re-heat.

3. Divide among soup bowls.

4. Garnish: Place sour cream

Ingredients

- 2 tsp vegetable oil
- 1 1/2 cups chopped onions
- 1 1/2 cups chopped carrots
- 1 1/2 tsp minced garlic
- 1 tsp minced ginger
- 3 cups chicken or vegetable stock
- 1-1/2 cups canned pumpkin purée

- 1/2 tsp cinnamon
 - 1/2 tsp ginger
 - 1/8 tsp nutmeg
 - 1 tsp hot sauce
 - 1 cup light coconut milk
 - 1-1/2 tbsps honey
- Garnish**
- 1/4 cup low fat sour cream

Pumpkin and Light Coconut Milk Soup



This recipe serves four and contains 172 calories per serving. ROSE REISMAN

in a small plastic baggie. Snip off the end corner of the bag. Carefully draw ap-

proximately 3 to 4 circles on top of the soup as in photo. Use a toothpick to drag lines

from the centre out toward the edges to create a web design.

For your phone

Foodie Halloween Treats (iPad/iPhone; free)



MIND THE APP
Kris Abel
@RealKrisAbel
life@metronews.ca

There's spooky treats for all in this fun collection of 40 Foodie Halloween recipes spanning drinks, cakes, cookies and candies. Enjoy chocolate frogs, spice-roasted pumpkin seeds, and caramel apple cider cocktails.

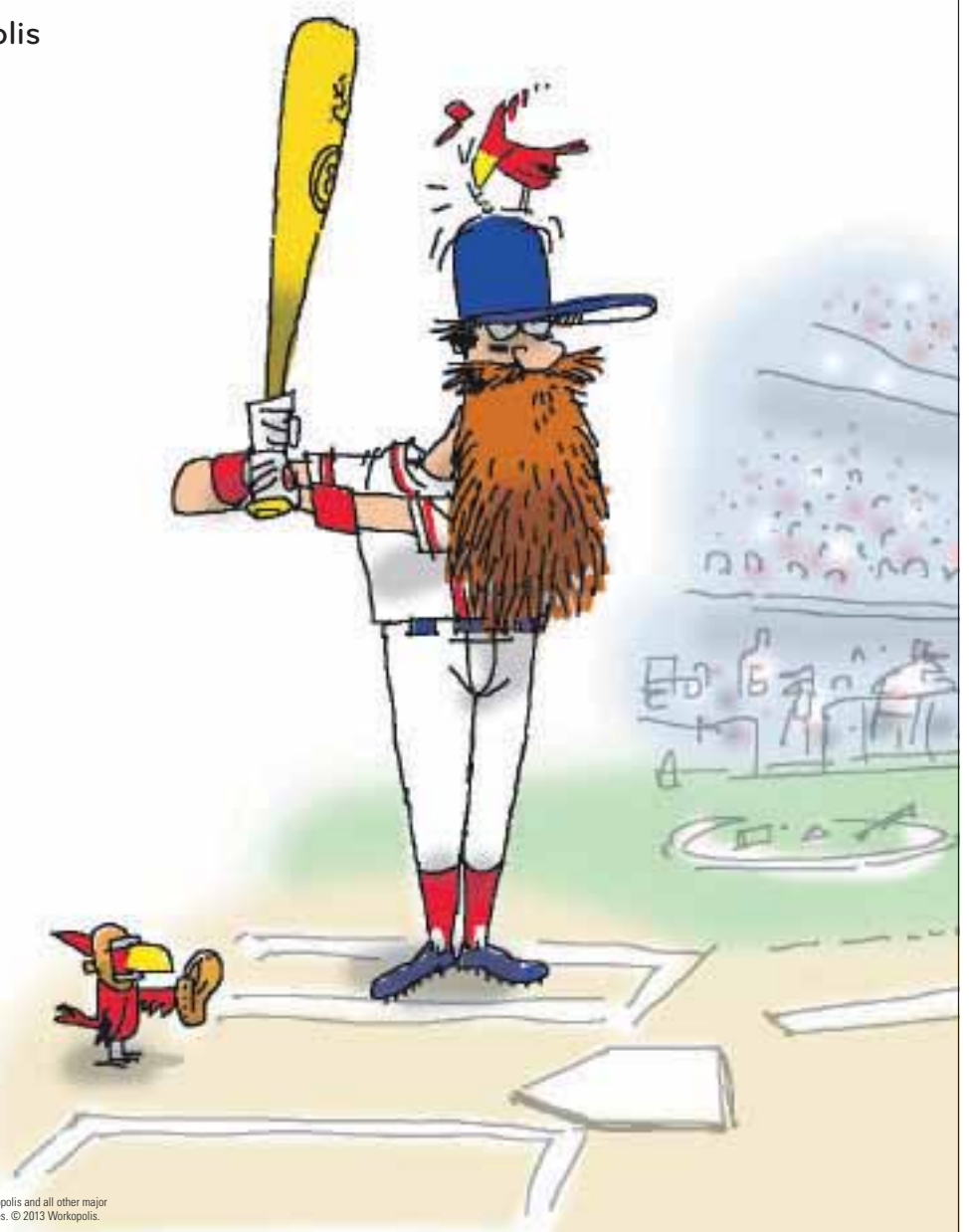


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*"Number one job site" based on six-month average online job postings for period ending September 30, 2013. Comparison between Workopolis and all other major paid online job boards. Does not include online classified sites or job posting aggregator sites. Statistics provided by WANTED Technologies. © 2013 Workopolis.



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SPORTS

13

Simon Whitfield

Olympic gold medallist retires

Canadian Olympic gold medallist Simon Whitfield announced his retirement



Simon Whitfield
THE CANADIAN PRESS

from competitive triathlon early Wednesday, becoming a consultant in sports entertainment.

Whitfield, from Kingston, Ont., won gold at the 2000 Sydney Olympics and silver at the 2008 Beijing Games.

THE CANADIAN PRESS

NHL

Rookie standout staying in Calgary

Sean Monahan will remain with the Calgary Flames this season instead of being returned to his junior club.

"We feel good about the decision we've made," general manager Jay Feaster said in making the announcement. "We believe his development is best served with us."

THE CANADIAN PRESS

NFL

Manning sits out Broncos practice

A tender ankle kept Peyton Manning out of practice Wednesday when the Denver Broncos began preparations for the Washington Redskins.

Manning said he'll be back Thursday, however.

This was the first time Manning has missed a practice in Denver.

THE ASSOCIATED PRESS



Red Sox designated hitter David Ortiz is greeted by teammates Mike Napoli, from left, Jacoby Ellsbury and Dustin Pedroia after scoring behind Cardinals catcher Yadier Molina on Wednesday night. The Red Sox won Game 1 of the World Series 8-1. ROB CARR/GETTY IMAGES

Red Sox leave Cards red-faced in opener

World Serie. St. Louis's defensive miscues and favourable calls from umps give Boston early edge in Fall Classic

Given a bit of help by the umpires and a lot more by the Cardinals, the Boston Red Sox turned this World Series opener into a laugher.

Mike Napoli hit a three-run double right after the umps reversed a blown call,

Game 1	
8	1
Red Sox	Cardinals

Jon Lester made an early lead stand up and the Red Sox romped past sloppy St. Louis 8-1 Wednesday night for their ninth straight Series win.

David Ortiz was robbed of a grand slam by Carlos Belt-

ran — a catch that sent the star right fielder to a hospital with bruised ribs — but Big Papi later hit a two-run homer following third baseman David Freese's bad throw.

The Red Sox also capitalized on two errors by short-stop Pete Kozma to extend a Series-winning streak that began when they swept St. Louis in 2004. Boston never trailed at any point in those four games and, thanks to this embarrassing display by the Cardinals, coasted on a rollicking night at Fenway Park.

It got so bad for St. Louis that the sellout crowd literally laughed when pitcher Adam Wainwright and catcher Yadier Molina, who've combined to win six Gold Gloves, let an easy popup drop untouched between them.

The normally slick-fielding Cardinals looked sloppy at every turn: Wainwright bounced a pickoff throw, Molina let a pitch skitter off his mitt, centre-fielder Shane Robinson bobbled the carom on Napoli's double and there was a wild pitch.

THE ASSOCIATED PRESS

New 'C' Spezza steals show in Detroit



Senators captain Jason Spezza celebrates his second goal of the game on Wednesday night in Detroit. GREGORY SHAMUS/GETTY IMAGES

Jason Spezza has Daniel Alfredsson's old job, and for one night he stole his spotlight.

Alfredsson was playing his first game against his former team as a member of the Detroit Red Wings, but Ottawa's new captain spoiled the reunion with two goals in a 6-1 Senators victory Wednesday night at Joe Louis Arena.

Spezza, who was tasked with following Alfredsson's 14 seasons of wearing the "C," scored on the power play in the first period and then at

On Wednesday	
6	1
Senators	Red Wings

even-strength in the second. Defencemen Eric Gryba and Jared Cowan and winger Bobby Ryan — acquired on the same day Alfredsson signed in Detroit — scored

the Senators' other goals.

Red Wings goalie Jimmy Howard was chased after the Senators (4-3-2) scored three goals on eight shots. Two of them came on the power play and one went through Detroit defenceman Brian Lashoff's legs, but Jonas Gustavsson still got the call.

Gustavsson slowed Ottawa but couldn't prevent a third-straight loss for the Red Wings (6-4-1), whose only goal came from Todd Bertuzzi.

THE ASSOCIATED PRESS

4 SPORTS

Horoscopes

Aries

March 21 - April 20

For best results today, you should be totally honest about your feelings — even when a backlash is likely. You may lose out in some way in the short-term but in the long-term your reputation will soar.

Taurus

April 21 - May 21

A loved one can be hard to understand at times and today it may be impossible to work out what is going on in their head, never mind their heart! Don't worry, it will be OK.

Gemini

May 22 - June 21

Make sure any changes you make over the next 24 hours are necessary. If you have any doubts at all you should keep things as they are, at least for the time being.

Cancer

June 22 - July 23

Make a wish list and expect those wishes to start coming true over the next few days. Thoughts exist, they are real, and the more you think about what you desire, the more likely it is you will get it.

Leo

July 24 - Aug. 23

You may not be the sort who is easily fooled but you should still be on your guard today. Someone you thought you could trust is playing games at your expense. Don't let their games leave you out of pocket.

Virgo

Aug. 24 - Sept. 23

The planets warn you may be too lenient with someone. If you are, it is likely they will take it as a sign of weakness and take from you more. Don't let your heart rule your head.

Libra

Sept. 24 - Oct. 23

Under no circumstances should you take risks with money. The Sun's move into the financial area of your chart means there is a lot to gain but more to lose.

Scorpio

Oct. 24 - Nov. 22

If there is one thing you hate, it's not being sure what is true and what is false. But, there is no way of knowing today. The more thought you give the situation, the more of a dilemma it will be, so stop it.

Sagittarius

Nov. 23 - Dec. 21

Some people just cannot take criticism and one such person will give you a hard time today because you pointed out where they're going wrong. They should not abuse you — they should thank you.

Capricorn

Dec. 22 - Jan. 20

You seem to be in a forgiving mood, which is not like you at all. Others may be suspicious but, yes, it's true — you really do want to be nice to people. They may even be nice back.

Aquarius

Jan. 21 - Feb. 19

You have never been the sort to care too much what others think and if you find yourself swimming against the tide of opinion today you will be quite happy about it. You enjoy being the odd one out?

Pisces

Feb. 20 - March 20

If certain people seem somewhat evasive, it's a sure sign that something underhand is going on. And, you have a fair idea what it is. Don't let them know their deceit has failed yet. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Botanist Mr. Gray's
5. Weight unit
9. Rose ___ pink (Pretty colour)
14. 110-___ appliance
15. Hawkeye State
16. Function or purpose
17. Ancient concert sites
18. Thickening gum
19. Works the Fall leaves
20. The Fall Classic: 2 wds.
23. 'Lion' suffix
24. Big tree along coastal British Columbia, ___ Spruce
25. "Whatcha Say" by Jason ___
27. City haze
30. Coral formations
32. Common lunchbox sandwich [acronym]
35. Dearly departed bios
38. In the distance
40. Located in Regina, the 'Depot' of the RCMP is its what?: 2 wds.
44. Wrestling of Japan
45. Vision
46. "___ Haw"
47. Prometheus, for one
50. Words on a garage sale tag
52. "The Wiz" (1978)



song: "___ Down the Road"

55. Pairs
59. ___-relief
61. 1983 comedy flick featuring the SCTV characters at #11-Down: 2 wds.
64. Diminish
66. Stead

67. Trickery
68. AC/DC's "___ Bells"
69. Racetrack shape
70. "Heat of the Moment" band
71. Mr. Baldwin's
72. Jodie Foster movie
73. 12 months

Down

1. Pledges
2. "Me too.": 3 wds.
3. Warning signal
4. Celery segments
5. Jobs for musicians
6. Don Juan type
7. Trophy
8. Chocolate bar, Sweet ___
9. Act on
10. Conductor, ___ Pekka Salonen
11. "___, ___!" - Bob and Doug McKenzie
12. Eras
13. Fewer
21. Matt of movies
22. Be off
26. Be up ahead

28. Kimono sash
29. Some bar drinks
31. Ditto
32. Tips, tiny-ly
33. Men's cologne brand
34. Pairs skating great who is a judge on "Battle of the Blades": 2 wds.
36. Restaurant chain, ___ Friday's
37. Canadian band of "Scratching the Surface"
39. Word with Whiskey
41. Bitty bit
42. Actor brother of Miley's ex Liam ...his initials-sharers
43. "There is ___ in the affairs of men." - Shakespeare
48. Evaluate
49. Web
51. Public transport mode
53. Synthetic yarn
54. Gullible
56. Originate from
57. Alberta village, 'Gateway to the Handhills'
58. Use profanities
59. "Who Let the Dogs Out" by ___ Men
60. Cain's sibling
62. Actress Patricia
63. Bird type
65. "Cake Boss" network

Yesterday's Crossword

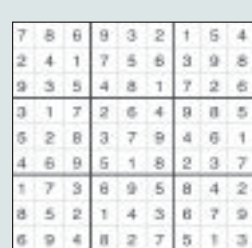


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

7°/-1°
Sunny

Friday

9°/-4°
Sunny

Know what the weather will be 14 days from now. Check the 14 day trend.

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